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Grade 1 Science First Quarter Reviewer

Body Parts: What body parts do you use in the given situations?

1. playing hopscotch or piko
2. cutting paper shape with scissors
3. watching a movie
4. drawing on paper
5. running

Draw a body and label 10 body parts correctly.

Choose the activity that shows how you take care of your body:

1. taking a bath daily
2. going to bed in dirty clothes
3. cleaning your nose with a tissue
4. wearing clean socks
5. sleeping around midnight
6. brushing your teeth after meals
7. combing your hair after your bath
8. drinking softdrinks
9. letting your nails get dirty
10. using soap and water to wash hands before eating

Health: Encircle the correct answer

1. Which is the basic need to become healthy? (book, toy, food, clothes)
2. There are (six, three, four, five) basic food groups.
3. You need (GO, GROW, GLOW) food to be able to work and play.
4. You need (GO, GROW, GLOW) food to grow tall.
5. You need (GO, GROW, GLOW) food to have healthy bones and teeth.
6. It is safe to drink (tap water, ice-cold water, softdrinks, water that has been boiled then cooled)
7. Smoking a cigarette is (good, bad) for the health.
8. The healthy snack would be the (chips, candies, French fries, apple)
9. You will get sick if you drink (dirty water, milk, clean water, fruit juice)
10. (Watching the TV too close, reading with dim lights, eating food rich in Vitamin A) will help you have good eyesight.

PROPER CLOTHING: Write yes or no

1. It is good to wear shorts during the cold months.
2. An umbrella or a raincoat is important during rainy days.
3. Wearing a jacket during summer can prevent getting sun burned.
4. Thick socks at the beach will prevent your feet from getting hurt.
5. Wear clean underwear always.

PARTS OF THE HOUSE for certain tasks:

1. Where do you sleep?
2. Where is food cooked?
3. Where does your family eat meals?
4. Where do you take a bath?
5. Where do you bring your house visitors?

HEALTH and BODY: Write TRUE or FALSE:

1. You gain weight when you grow taller.
2. You increase in height if you have are heavier.
3. A weighing scale is for measuring he weight.
4. A meter stick can measure the height.
5. You need bigger clothes as you grow.
6. You need junk food to stay healthy.
7. All grade 1 children have the same height and weight.
8. All children should eat healthy food.
9. A grade 1 student has bigger clothes than a baby.
10. Your mom's shoes are bigger than your shoes.